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| **Noms des élèves** | **ENTREES** | | | | | | | | | | | |
| **E1** | **E2** | **E3** | **E4** | **E5** | **E6** | **E7** | **E8** | **E9** | **E10** | **E11** | **E12** |
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| **Noms des élèves** | **MAINTIENS** | | | | | | | | | | | |
| **M1** | **M2** | **M3** | **M4** | **M5** | **M6** | **M7** | **M8** | **M9** | **M10** | **M11** | **M12** |
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| **Noms des élèves** | **IMMERSIONS** | | | | | | | | | | | |
| **I1** | **I2** | **I3** | **I4** | **I5** | **I6** | **I7** | **I8** | **I9** | **I10** | **I11** | **I12** |
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| **Noms des élèves** | **DEPLACEMENTS CRAWL** | | | | | | | | | | | |
| **DC1** | **DC2** | **DC3** | **DC4** | **DC5** | **DC6** | **DC7** | **DC8** | **DC9** | **DC10** | **DC11** | **DC12** |
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| **Noms des élèves** | **DEPLACEMENTS DOS** | | | | | | | | | | | |
| **DD1** | **DD2** | **DD3** | **DD4** | **DD5** | **DD6** | **DD7** | **DD8** | **DD9** | **DD10** | **DD11** | **DD12** |
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| **Noms des élèves** | **PALIER 1 (CE1)** | | | | |
| **Se déplacer sur 15 mètres**  **sans aide à la flottaison et sans reprise d’appuis** | **S’immerger en sautant dans l’eau** | **Se déplacer brièvement sous l’eau pour passer sous un obstacle flottant** | **Se laisser flotter un instant** | **Regagner le bord** |
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| **Noms des élèves** | **PALIER 2 (CM)** | | | | |
| **Se déplacer sur une trentaine de mètres sans aide à la flottaison et sans reprise d’appuis en effectuant 25 mètres, un virage, une coulée et une reprise de nage pour gagner le bord** | **Déplacement orienté en immersion pour passer dans un cerceau** | **Se déplacer brièvement sous l’eau pour passer sous un obstacle flottant** | **Sur-place de 5 à 10 secondes** | **Regagner le bord** |
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